

# 40th ANNUAL SEMANA NAUTICA SWIM MEET

Sponsored by: Santa Barbara Swim Club

SCS Sanction #08-139

## SBSC WILL LIMIT ENTRIES TO MEET THE 4 HOUR RULE

### GIRLS FRIDAY, July 4 - 1:30PM[START]

| Event | Time Std | Age      | Stroke     | Time Std | Event |
|-------|----------|----------|------------|----------|-------|
| 1     | 6:31.20  | OPEN     | 400M IM    | 6:32.30  | 2     |
| 3     | BRW      | 10&Under | 200M IM    | BRW      | 4     |
| 5     | BRW      | 11-12    | 200M IM    | BRW      | 6     |
| 7     | BRW      | 10&Under | 200M Free  | BRW      | 8     |
| 9     | BRW      | 11-12    | 200M Free  | BRW      | 10    |
| 11    | 22:11.60 | OPEN     | 1500M Free | 22:10.90 | 12    |

### BOYS

### SATURDAY, JULY 5 - 8:30 AM[START]

#### GIRLS

#### BOYS

| Evt | Time Std | Age      | Stroke     | Time Std | Evt |
|-----|----------|----------|------------|----------|-----|
| 13  | BRW      | 11-12    | 100M Free  |          |     |
| 14  | BRW      | 10&Under | 100M Free  | BRW      | 15  |
| 16  | BRW      | 11-12    | 50M Breast |          |     |
| 17  | BRW      | 10&Under | 50M Breast | BRW      | 18  |
| 19  | BRW      | 8&Under  | 50M Breast | BRW      | 20  |
| 21  | BRW      | 11-12    | 50M Back   |          |     |
| 22  | BRW      | 10&Under | 50M Back   | BRW      | 23  |
| 24  | BRW      | 8&Under  | 50M Back   | BRW      | 25  |
| 26  | BRW      | 11-12    | 100M Fly   |          |     |
| 27  | BRW      | 10&Under | 100M Fly   | BRW      | 28  |

### SATURDAY, JULY 5 - 12:00 PM[START]

| Evt | Time Std | Age   | Stroke      | Time Std | Evt |
|-----|----------|-------|-------------|----------|-----|
|     |          | 11-12 | 100M Free   | BRW      | 29  |
| 30  | 34.90    | OPEN* | 50M Free    | 34.40    | 31  |
| 30  | BRW      | 13&Up | 50M Free    | BRW      | 31  |
|     |          | 11-12 | 50M Breast  | BRW      | 32  |
| 33  | 3:31.00  | OPEN  | 200M Breast | 3:31.20  | 34  |
| 33  | BRW      | 13&Up | 200M Breast | BRW      | 34  |
|     |          | 11-12 | 100M Fly    | BRW      | 35  |
| 36  | 1:29.40  | OPEN* | 100M Back   | 1:30.70  | 37  |
| 36  | BRW      | 13&Up | 100M Back   | BRW      | 37  |
|     |          | 11-12 | 50M Back    | BRW      | 38  |
| 39  | 2:42.90  | OPEN* | 200M Free   | 2:43.60  | 40  |
| 39  | BRW      | 13&Up | 200M Free   | BRW      | 40  |
| 41  | 1:27.30  | OPEN* | 100M Fly    | 1:28.10  | 42  |
| 41  | BRW      | 13&UP | 100M Fly    | BRW      | 42  |
| 43  | 5:47.30  | OPEN  | 400M Free   | 5:46.60  | 44  |

### SUNDAY, JULY 6 - 8:30 AM[START]

#### GIRLS

#### BOYS

| Evt | Time Std | Age      | Stroke      | Time Std | Evt |
|-----|----------|----------|-------------|----------|-----|
| 45  | BRW      | 11-12    | 100M Back   |          |     |
| 46  | BRW      | 10&Under | 100M Back   | BRW      | 47  |
| 48  | BRW      | 8&Under  | 50M Free    | BRW      | 49  |
| 50  | BRW      | 11-12    | 50M Free    |          |     |
| 51  | BRW      | 10&Under | 50M Free    | BRW      | 52  |
| 53  | BRW      | 8&Under  | 50M Fly     | BRW      | 54  |
| 55  | BRW      | 11-12    | 50M Fly     |          |     |
| 56  | BRW      | 10&Under | 50M Fly     | BRW      | 57  |
| 58  | BRW      | 11-12    | 100M Breast |          |     |
| 59  | BRW      | 10&Under | 100M Breast | BRW      | 60  |

### SUNDAY, JULY 6 - 12:00 PM[START]

| Evt | Time Std | Age   | Stroke      | Time Std | Evt |
|-----|----------|-------|-------------|----------|-----|
|     |          | 11-12 | 100M Back   | BRW      | 61  |
| 62  | 3:09.20  | OPEN  | 200M Back   | 3:11.80  | 63  |
| 62  | BRW      | 13&Up | 200M Back   | BRW      | 63  |
|     |          | 11-12 | 100M Breast | BRW      | 64  |
| 65  | 1:40.00  | OPEN* | 100M Breast | 1:40.10  | 66  |
| 65  | BRW      | 13&Up | 100M Breast | BRW      | 66  |
|     |          | 11-12 | 50M Fly     | BRW      | 67  |
| 68  | 3:05.70  | OPEN  | 200M Fly    | 3:07.20  | 69  |
| 68  | BRW      | 13&Up | 200M Fly    | BRW      | 69  |
|     |          | 11-12 | 50 M Free   | BRW      | 70  |
| 71  | 1:15.60  | OPEN* | 100M Free   | 1:15.10  | 72  |
| 71  | BRW      | 13&Up | 100M Free   | BRW      | 72  |
| 73  | 3:07.90  | OPEN* | 200M IM     | 3:08.20  | 74  |
| 73  | BRW      | 13&UP | 200M IM     | BRW      | 74  |
| 75  | 11:44.20 | OPEN  | 800M Free   | 11:43.70 | 76  |

400 IM and 400, 800, & 1500 Freestyle will be swum fast to slow, alternating women's and men's heats.

Swimmers must provide their own timers and counters.

*8 & under swimmers may compete in only one age group [8&under or 10& under] not any combination.*

A Swimmer may swim a stroke/distance only once in the meet.

\*11-12 swimmers in OPEN events 30/31, 36/37, 39/40, 41/42, 65/66, 71/72, 73/74 will **not** be scored.

# 40th ANNUAL TYR SEMANA NAUTICA SWIM MEET

By: Southern California Swimming  
Sanction Number: 08-139, USA Swimming  
Date of Meet: July 4-July 6, 2008

Sponsored By: Santa Barbara Swim Club, Inc.  
ENTRIES DUE: **Mon, June 23, 2008 (MAIL)**  
Hand Delivered: Wednesday, June 25, 2008

FREE WEEKEND OPEN TO ALL registered USA Swimming athlete members

**SBSC WILL LIMIT SESSION ENTRIES TO MEET THE FOUR HOUR RULE**

Warm-up: 12:00 PM (Friday), 7:30 am (Sat-Sun, 1<sup>st</sup> session)  
1 hour before 2<sup>nd</sup> session start (2nd session)

Starting Times: 1:30 (Fri), 8:30 am (Sat-Sun, 1st session)  
Not Before 12:00 pm (2nd session)

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**POOL: DOS PUEBLOS HIGH SCHOOL POOL, 7266 Alameda Ave, Goleta, CA**

**DIRECTIONS:** Take Hwy 101 to Glen Annie Rd/Storke Rd. Exit right, turn North onto N Glen Annie Rd. Turn Left onto Cathedral Oaks Rd, and then turn Left onto Alameda Ave. Parking is available at the school.

**COURSE:** The pool is a 50 meter outdoor pool with seven (7) competition lanes and one (1) warm-up lane.

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**MEET REFEREE:** The Meet Referee will be in charge of the meet. Any questions regarding the conduct of the meet should be made directly to that person.

**WARM-UP:** Practice starts or diving from either the starting blocks or the pool edge is NOT allowed during warm-ups. At the discretion of the Meet Referee lanes 2 & 6 MAY BE designated as sprint lanes (practice starts permitted under USA Swimming member coach supervision - one way from the blocks), lanes 1 & 7 designated for push-pace work (time to be announced and posted). MARSHALS will enforce warm-up rules.

**RULES:** USA Swimming Rules will govern. Current SCS meet procedures will be enforced and take precedence over any errors or omissions on this form (see 2008 SCS Swim Guide). Swimmers must check-in at Clerk of Course for each event they wish to swim. After an event has been closed, swimmers MAY NOT CHECK-IN OR SCRATCH. Swimmers in the first two events of each session must check-in THIRTY MINUTES prior to the start of the session. 50 Meter events will be closed in blocks.

**ENTRY LIMITS:** Swimmers are limited to two events on Friday and four events on Saturday and Sunday.

**ELIGIBILITY:** Open to athletes who are 2008 USA Swimming registered. Registration application must be received by the meet host or SCS office prior to the first day of the meet. REGISTRATION APPLICATION MAY BE SUBMITTED TOGETHER WITH ENTRY FORM. There are substantial penalties to swimmer and club (see 2007 SCS swim guide, Part I, III, B) if USA Swimming registration is completed at the meet.

**CHANGE OF AFFILIATION:** Before the Meet, a swimmer may change affiliation by submitting a Club Transfer Form and appropriate fee to the Swim Office. During the Meet, a swimmer may only UNATTACH by notifying the Meet Secretary in writing and paying the appropriate fee (may not attach or reattach).

**SUBMITTED TIMES:** Submitted times must be best RECORDED LONG COURSE METER TIMES from this or preceding swim season. **NT (no time) will be accepted for White Division ONLY.** Do not submit ET (estimated time) or work out time trials. Coaches and swimmers should be prepared to verify all submitted times. Discrepancies in submitted times may lead to disciplinary action.

**QUALIFYING TIMES:** Swimmers must have achieved the time standard listed for an event. If a swimmer does not have a recorded time but is otherwise qualified, he/she may enter at minimum (see 2008 Swim Guide exceptions). To compete in 'OPEN' events swimmers must be at least 11 yrs. Old and make the listed qualifying standard. Time updates will only be accepted until the entry deadline of June 23, 2008.

**SWIMWEAR:** The swimsuits worn for all age group competitions shall conform to USA Swimming rule 102.9, and shall not extend past the top of the shoulder (acromial process) nor further down the leg than the top of the kneecap (patella).

**AWARDS:** 1ST-6TH place individual high point plaque for Boys & Girls Age Group as follows; 15 -18, 14 , 13, 12, 11, 10, 9, 8 yr. old, 7 & un.; (19 & over are not scored) 1st-3rd place Team Trophy [Host club forfeits eligibility for Trophy]. Scoring: 9,7,6,5,4,3,2,1 by age groups. 11-12 swimmers in OPEN events 30/31, 36/37, 39/40, 41/42, 65/66, 71/72, 73/74 will **not** be scored. **\*\*CAPPS FAMILY '400' PLAQUE WILL BE AWARDED TO THE WINNER OF THE OPEN MALE & FEMALE 400 FREE\*\***

**ENTRY FEES:** \$2.75 for each INDIVIDUAL EVENT must accompany entry form. \$5.50 surcharge per swimmer must be included in check for individual entries. **NO REFUNDS. RETURNED CHECKS WILL INCUR A SERVICE FEE PER SCS POLICY.**

**E-MAIL ENTRY:** E-mail entry (entry .zip file) will be accepted only when received with an attached Word or .pdf file including electronic signature of coach and will be dated as official at that time.(5PM postmark would queue before a 10PM electronic). Full payment (single team check) for an e-mail entry must be postmarked within 48 hours of the e-mail entry. Failure to comply will be referred to the Board of Review. Entry updates (added events) will be processed when received by the processor by the entry deadline. Added events (entered swimmers) may be submitted by hardcopy (this includes e-mail) ONLY. New swimmers accepted if space available. Do not resend an entry file. A replacement file for the team will NOT be processed. Deletions will NOT be refunded.

**NOTE:** Entries stamped with post office meter machine will be accepted if dated June 23, 2008; entries posted by business meter will be accepted if arriving by June 25, 2008. To avoid any concern regarding receipt of entry form, you may enclose a self-address, stamped envelope or postcard. **DO NOT USE CERTIFIED OR REGISTERED MAIL.** Receipt of entry will not be verified by phone.

**MAKE CHECKS PAYABLE TO:** *SOUTHERN CALIFORNIA SWIMMING*

MAIL ENTRIES TO: Semana Nautica c/o Bev Pierson, 935 Calle Collado, Thousand Oaks, CA 91360  
e-mail: Beverly.pierson@gmail.com

FOR FURTHER INFORMATION, E MAIL us at [semananautica@sbswim.org](mailto:semananautica@sbswim.org)

# LODGING GUIDE

## **GOLETA AREA:**

*All hotels are approximately 5 – 10 minutes from pool.*

### ***Hampton Inn***

5665 Hollister Ave.  
Goleta, CA 93117  
(805) 681-9800

### ***Holiday Inn***

5650 Calle Real  
Goleta, CA 93117  
(805) 964-6241

### ***Motel 6***

5897 Calle Real  
Goleta, CA 93117  
(805) 964-3596

### ***Ramada Limited***

4770 Calle Real  
Goleta, CA 93117  
(866) 387-5691  
(805) 617-0669

### ***Best Western South Coast Inn***

5620 Calle Real  
Goleta, CA 93117  
(805) 967-3200

### ***Pacifica Suites***

5490 Hollister Ave  
Goleta, CA 93117  
(800) 683-6722

### ***Extended Stay America***

4870 Calle Real  
Santa Barbara, CA 93111  
(805) 692-1882

## **BEACH AREA/SANTA BARBARA:**

*All hotels are approximately 10 – 20 minutes from pool.*

### ***Santa Barbara Inn***

901 E. Cabrillo Blvd.  
Santa Barbara, CA 93103  
(800) 231-0431

### ***Hotel Mar Monte***

1111 E. Cabrillo Blvd.  
Santa Barbara, CA 93103  
(805) 879-1339 or (800) 643-1994

### ***Fess Parker's Doubletree***

633 E. Cabrillo Blvd.  
Santa Barbara, CA 93101  
(805) 564-4333

### ***Cabrillo Inn at the Beach***

931 E. Cabrillo Blvd.  
Santa Barbara, CA 93103  
(805) 966-1641

### ***Sandpiper Lodge***

3525 State St.  
Santa Barbara, CA 93105  
(800) 405-6343  
(805) 687-5326

### ***The Sandman Inn***

3714 State Street  
Santa Barbara, CA 93105  
(805) 687-2468

**NOTE: The lodging details provided here are for information only; no group rates or special arrangements have been made with any of the hotels by Santa Barbara Swim Club for the Semana Nautica meet. As the 4<sup>th</sup> of July weekend is very busy in Santa Barbara, some/all of the above accommodations may not be available.**